

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
09:00	POLE LEVEL 1 TO 2 TAL	POLE ALL LEVEL JOSE	POLE ALL LEVEL JOSE	POLE ALL LEVEL TAL	POLE ALL LEVEL JOSE	POLE ALL LEVEL JOSE	
10:00	POLE ALL LEVEL TAL	POLE ALL LEVEL JOSE	POLE ALL LEVEL JOSE	POLE ALL LEVEL TAL	POLE ALL LEVEL JOSE	POLE ALL LEVEL JOSE	
11:00	POLE ALL LEVEL JOSE	POLE ALL LEVEL JOSE	POLE ALL LEVEL JOSE	POLE ALL LEVEL RONI	POLE ALL LEVEL MELISSA	SILK AND HOOPS OMER	
12:00	STRETCH VICKY	POLE ALL LEVEL JOSE	STRETCH VICKY	POLE ALL LEVEL JOSE	POLE ALL LEVEL MELISSA	POLE LEVEL 2 TO 3 JOSE	
13:00						MODERN POLE DANCE JOSE	FREE PRACTICE WITH TEACHER
14:00						HANDSTANDS / ACROBATICS FELIPE	
16:00							
17:00							POLE LEVEL 1 TO 2 MELISSA
18:00	POLE LEVEL 1 TO 2 JOSE	POLE LEVEL 2 TO 3 JOSE	POLE LEVEL 1 TO 2 JOSE	POLE BEGINNERS RONI	POLE LEVEL 1 TO 2 JOSE		POLE LEVEL 2 TO 3 JOSE
19:00	POLE LEVEL 2 TO 3 JOSE	STRETCH JOSE	DANCE HEELS MELISSA	POLE LEVEL 1 TO 2 JOSE	POLE LEVEL 2 TO 3 JOSE		STRETCH JOSE
20:00	TWERK OFIR	POLE BEGINNERS RONI	POLE LEVEL 2 TO 3 JOSE	POLE LEVEL 2 TO 3 JOSE	STRETCH JOSE		POLE LEVEL 1 TO 2 OMER
21:00	POLE ACRO JOSE	SILK AND HOOPS SHARON	POLE ALL LEVEL JOSE	HANDSTANDS / ACROBATICS FELIPE	POLE ALL LEVEL JOSE		POLE LEVEL 2 TO 3 OMER